

## Physical Training (PT) Grade Rubric

	<b>Participation / Effort</b>	<b>Cooperation / Attitude / Sportsmanship</b>
<b>1 - Below Standards</b> <b>0-60%</b>	<ul style="list-style-type: none"> <li>• Not prepared for class</li> <li>• Neglects to participate in activities</li> <li>• Often interferes with others</li> <li>• Zero effort</li> </ul>	<ul style="list-style-type: none"> <li>• Uncooperative</li> <li>• Disregard for others</li> <li>• Argues, whines, complains</li> <li>• Unsportsmanlike conduct</li> </ul>
<b>2 – Working Towards Standards</b> <b>60-75%</b>	<ul style="list-style-type: none"> <li>• Partially prepared for class</li> <li>• Inconsistent participation</li> <li>• Goes through motions with little effort</li> </ul>	<ul style="list-style-type: none"> <li>• Cooperative at times</li> <li>• Shows some enthusiasm</li> <li>• Sportsmanlike under supervision</li> </ul>
<b>3 – Meeting Standards</b> <b>75-90%</b>	<ul style="list-style-type: none"> <li>• Fully prepared for all activities</li> <li>• Willingly participates in all activities with consistent effort</li> <li>• Some / average effort</li> </ul>	<ul style="list-style-type: none"> <li>• Very cooperative</li> <li>• Works well with others</li> <li>• Often enthusiastic and positive</li> <li>• Sportsmanlike in most activities</li> </ul>
<b>4 – Exceeding Standards</b> <b>90-100%</b>	<ul style="list-style-type: none"> <li>• Fully prepared for all activities</li> <li>• Consistently stays on task even when away from direct supervision</li> <li>• Outstanding effort</li> </ul>	<ul style="list-style-type: none"> <li>• Always cooperative</li> <li>• Genuine concern for others</li> <li>• Always enthusiastic and positive</li> <li>• Exemplifies sportsmanship in all activities</li> </ul>